

26 February 2019

Vantage Windows Cycling New Zealand Age Group National Road Championships, 26-28 April 2019 – TEAM NEWSLETTER 1

1. The 2018 Championships will be held between 26-28 April 2019 at Pleasant Point, Canterbury, once again using a 3 day format with the individual time trials on the Friday, followed by 2 days of road races on the Saturday and Sunday.
2. The link to the Event Website, giving full programme information and the site for entries (now open) is <https://age-group-road-nationals.cyclingnewzealand.nz/>
3. Maps:
 - 15km TT (O&B) U15B/U15G/U17B/U17G/U19W/MW4-MW9/MM6-MM9/Paracycling
<https://age-group-road-nationals.cyclingnewzealand.nz/media/4743/4743.pdf>
 - 24km TT (O&B) U19M/U23M/U23W/SM/SW/MW1-MW3/MM1-MM5
<https://age-group-road-nationals.cyclingnewzealand.nz/media/4744/4744.pdf>
 - Road Races
<https://age-group-road-nationals.cyclingnewzealand.nz/media/4660/4660.pdf>
4. Outline Programme (PROVISIONAL) Double check the Events website before planning travel and accommodation.

Friday 26th April

TIME TRIALS (detailed start time info once entries close)

Distance	Start Time	Circuit (laps)
U15 boys & girls	8.30am	15km
U17 boys & girls		15km
U19 Women		15km
Master Women 4-9		15km
Masters Men 6-10		15km
C1-C3 Men Paracycling		15km
C1-C3 Women Paracycling		15km
H1-H5 Men/Women Paracycling		15km
U19 Men		24km
Masters Women 1-3		24km
Masters men 1-5		24km
U23 Men		24km
U23W		24km
Senior Men		24km

Senior Women	24km
C4-C5 Men Paracycling	24km
B/VI Men/Women Paracycling	24km

Saturday 27th April

Morning Events	Distance	Start Time	Circuit (laps)
T1-T2 Men/women Paracycling	TBC	TBC	TBC
H1-H5 Men/Women Paracycling	TBC	TBC	TBC
C1-C5 Men/Women Paracycling	TBC	TBC	TBC
Under 17 Boys	63km	8-30am	3
Master Men 5	63km	8-40am	3
Master Men 6	63km	8-50am	3
Under 17 Girls	63km	10-00am	3
Master Women 3-4	63km	10-10am	3
Master Women 5-9	63km	10-20am	3
Master Men 7-10	63km	10-30am	3

Afternoon Events	Distance	Start Time	Circuit (laps)
Masters Men 3	84km	12-10pm	4
Masters Men 4	84km	12-20pm	4
Master Women 1-2	84km	12-30pm	4
Under 15 Boys	42km	2-30pm	2 (Note 5km Neutral)
Under 15 Girls	42km	2-40pm	2 (Note 5km Neutral)

Sunday 28th April

Morning Events	Distance	Start Time	Circuit (laps)
Master Men 1	105km	8-30am	5
Master Men 2	105km	8-40am	5
Under 23/Senior Women	84km	9-15am	4
Under 19 Women	84km	9-25am	4
Under 23/Senior Men	105km	11-25am	5
Under 19 Men	105km	11-45am	5

- Driving Distance from Christchurch to Pleasant Point is 160km or approx. 2 hours via SH1. The nearest airport is Timaru. Typical air fares from/to Christchurch are approx \$450 return in April 2019, but watch ANZ announcements soon on reducing regional air fares.
- As in previous years, entries from holders of CNZ Adult or Youth Memberships will be by individuals on line through the Event website above. Entries are now and will close strictly **15 April 2019**. Entry Fees are set at \$55.00 (TT) and \$65 (RR) until 16 March 2019. Thereafter entry fees will rise to \$75 (TT) and \$85 (RR), so save money by entering as soon as possible. Withdrawals in writing to me prior to close off date (15 April) will be eligible for a \$20 refund per event. Withdrawals after this time will not be eligible for a refund. Remember that entries are binding after the close off date and sanctions may be imposed for withdrawals after this date unless acceptable written evidence is provided (doctors certificates, etc).
- It is advisable to get your bikes professionally serviced prior to the championships and take the time to ensure that TT bikes (where permitted) conform to current regulations and (for Youth riders) roll outs have been measured and checked. Current CNZ Technical Regulations are at <https://www.cyclingnewzealand.nz/media/3997/3997.pdf>



8. A reminder that club uniform is compulsory for these Championships. If you are a member of a NZ Trade Team, or have sponsorship showing on your licence then sponsorship may be shown on the shorts or the leg section of the skinsuit. If you do not own club uniform, or have not ordered yet from Champions System NZ, then the club has a limited stock of jerseys and skinsuits for loan. Please advise if you require a uniform. The Champion System NZ shop is now open for club uniform orders and will close 4 March 2019. Shop link is: <https://custom.champ-sys.com/teamstore/?pegasus>
9. Travel to and from the event is the responsibility of the rider, advising me of arrival and departure details.
10. Accommodation will be the responsibility of the rider, advising me of arrival, departure and accommodation address/contact phone number. Also consider, especially if only competing in the road races, travelling down on the day but remember to contact me on arrival for up to date info and to pick up race packs.
11. Please check in on arrival with me either in person at the Hall On The Terrace, 49 Hally Terrace, Temuka, or call me on 022 502 6181. Rider Packs (numbers/timing tags) and uniforms, if required will be available from my motel after the team managers meeting at approx. 7pm onwards on Thursday 25 April. Otherwise you are to be at the start area and report to me your arrival no later than 1 hour prior to your advertised start time each day.
12. I will be travelling to/from the event by road and am able to transport up to 6 bikes on a first come first served basis. Please advise if you require the club to transport bikes to/from the event. They will need to be dropped off at 41 De Havilland Street, Hornby no later than 1600 Wednesday 24 April 2019, and be available on return on Tuesday 30 April 2019. Please remove pedals, water bottles and computers. Space for larger wind trainers is limited.
13. Enter now and email me your details/requirements as above, remembering to advise full name and events entered. Include in your email any medication you are taking and any TUE's (Therapeutic Use Exemptions) in force. You may check your medication at this site <https://drugfreesport.org.nz/medication-check> Note that some asthma medication is restricted or prohibited in sport – please check beforehand.

Regards

Derrick Nelson

Team Manager

022 502 6181

derrick.nelson1953@gmail.com